

Prayers for the sick:

Reciting al-Faatihah

It was narrated from Abu Sa'eed al-Khudri (may Allah be pleased with him) that the Prophet (peace and blessings of Allah be upon him) described Soorat al-Faatihah as a ruqyah and a cure, and he approved of the companion who recited it as a ruqyah for the one who had been stung by a scorpion. Al-Bukhaari (2156) and Muslim (2201).

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝ الرَّحْمَنِ الرَّحِيمِ ۝
مَلِكِ يَوْمِ الدِّينِ ۝ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ۝
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ۝ صِرَاطَ الَّذِينَ أَنْعَمْتَ
عَلَيْهِمْ ۝ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ۝

Transliteration of the Verses of Surah Al-Fatihah:

1. Bismi Allāhi alrrahmāni alrraḥeemi
2. Alḥamdu lillāhi rabbi-l-‘aalameena
3. Alrrahmāni alrraḥeemi
4. Maliki yawmi alddeeni
5. Iyyaka na’budu waiyyaka nasta’eenu
6. Ihdina alssirata almustaqeema
7. Sirata allazheena an’amta ‘alayhim ghayri almaghdoobi ‘alayhim walaalddalleena

1. In the name of Allah (God), the Most Gracious, the Most Merciful.
2. All the praise is due to Allah, Lord of the worlds (universe).
3. The Most Beneficent, the Most Merciful
4. Lord of the Day of Judgment.
5. You (Alone) we worship, and You (Alone) we ask for help.
6. Guide us to the Straight Path.
7. The path of those You have blessed, not (the path) of those who earned Your Anger, nor of those who went astray

Ibn al-Qayyim said about reciting Soorat al-Faatihah:

"There was a time when I fell sick in Makkah, and I could not find a doctor or any medicine, so I treated myself by reciting it. I would take some Zamzam water and recite Alfatihah over it several times, then drink it. I recovered fully by these means, then I began to do that whenever I felt a lot of pain, and I benefited greatly from it." From Zaad al-Ma'ad (4/164).

Excerpts from the Fortress of the Muslim

Hisnul Muslim When visiting the sick

لا بَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ

139, When the Prophet (saw) would enter upon a sick person, he would say:
'Never mind, may it (the sickness) be a purification, if Allah wills.'

أَسْأَلُ اللَّهَ الْعَظِيمَ، رَبَّ الْعَرْشِ الْعَظِيمِ أَنْ يَشْفِيكَ.

سَبْعَ مَرَّاتٍ

140, 'Any Muslim servant who visits a sick person whose prescribed moment of death has not arrived and supplicates seven times:

'I ask Allah The Supreme, Lord of the magnificent throne to cure you'.

...he (the sick person) will be cured.'

"You are the Healer"

It was narrated from Aa'ishah (may Allah be pleased with her) that when any of us fell sick, the Messenger of Allah (peace and blessings of Allah be upon him) would wipe him with his right hand then say:

أَذْهَبِ الْبَأْسَ رَبَّ النَّاسِ، وَاشْفِ أَنْتَ الشَّافِي، لَا شَافِيَ إِلَّا أَنْتَ، شِفَاءٌ لَا يُعَادِرُ سَقَمًا

"Adhhib il-ba's, Rabbi l-naas washfi anta al-Shaafi laa shifaa ailla shifaa uka shifaa an laa yughaadir saqaman. (Remove the harm, O Lord of humankind and heal him, for You are the Healer and there is no healing except Your healing, with a healing which does not leave any disease behind)." Narrated by al-Bukhaari (5675) and Muslim (2191).

Reciting Al Mu'awidhaat (Surat Al-Samad, Surat Al-Falaq and Surat An-Naas)

It was narrated that Aa'ishah (may Allah be pleased with her) said: "If one of his family fell sick, the Messenger of Allah (peace and blessings of Allah be upon him) would blow over him and recite al-Mu'awwidhaat. When he PBUH fell sick with his final illness, I started to blow over him and wipe him with his own hand, because it was more blessed than my hand." Narrated by al-Bukhaari (5735) and Muslim (2192).

Bismillah and dua'

It was narrated from Uthmaan ibn Abi l- Aas al-Thaqafi that he complained to the Messenger of Allah (peace and blessings of Allah be upon him) about some pain that he had felt in his body since he became Muslim. The Messenger of Allah (peace and blessings of Allah be upon him) said to him: "Put your hand on the part of your body that hurts and say:

ضَعَّ يَدَكَ عَلَى الَّذِي تَأَلَّمَ مِنْ جَسَدِكَ وَقُلْ بِاسْمِ اللَّهِ ثَلَاثًا. وَقُلْ سَبْعَ مَرَّاتٍ أَعُوذُ بِاللَّهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ وَأُحَاذِرُ

'Bismillaah' (in the name of Allah) three times, then say seven times: 'I seek refuge in Allah and His Power from the evil of what I find and I fear.'" Narrated by Muslim (2202).

"In the Name of Allah I perform ruqyah"

It was narrated from Abu Sa'eed al-Khudri (may Allah be pleased with him) that Jibreel came to the Prophet (pbuh) and said: "O Muhammad, are you sick?" He said: "Yes." He said: "In the name of Allah I perform ruqyah for you, from everything that is harming you, from the evil of every soul or envious eye may Allah heal you, in the name of Allah I perform ruqyah for you." Narrated by Muslim (2186).

Islamic Prayers for the sick

"Allah Who is in heaven"

It was narrated that Abul-Darda (may Allaah be pleased with him) said: I heard the Messenger of Allah (peace and blessings of Allah be upon him) say: "Whoever among you suffers some sickness, or his brother suffers some sickness, let him say: '*Our Lord Allah Who is in heaven, hallowed be Your name, Your will is done in heaven and on earth; as Your mercy is in heaven, bestow it upon the earth. Forgive us our sins. You are the Lord of the good. Send down Your mercy and healing upon this pain*'; and he will be healed." Narrated by Abu Dawood (3892)

Hisnul Muslim Supplication of the sick who have renounced all hope of life

اللَّهُمَّ اغْفِرْ لِي وَارْحَمْنِي وَأَلْحِقْنِي بِالرَّفِيقِ الْأَعْلَى

142, 'O Allah, forgive me, have mercy upon me and unite me with the higher companions.'
Refer to the Quran, chapter 4, verse: 69

جعل النبي صلى الله عليه وسلم عند موته يدخل يديه في الماء فيمسح بهما وجهه ويقول: لا إِلَهَ إِلَّا اللَّهُ، إِنَّ لِلْمَوْتِ لَسَكْرَاتٍ

143, Aishah related that the Prophet (saw) (during his illness in which he passed away) would dip his hands in water and then he would wipe his face and say:

'None has the right to be worshipped except Allah, death does indeed contain agony.'

لا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ، لا إِلَهَ إِلَّا اللَّهُ وَخُدَّةَ لا شَرِيكَ لَهُ، لا إِلَهَ إِلَّا اللَّهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، لا إِلَهَ إِلَّا اللَّهُ وَلا حَوْلَ وَلا قُوَّةَ إِلَّا بِال

144, 'None has the right to be worshipped except Allah and Allah is the greatest. None has the right to be worshipped except Allah, alone. None has the right to be worshipped except Allah, alone, without partner. None has the right to be worshipped except Allah, to Him belongs all sovereignty and praise. None has the right to be worshipped except Allah and there is no might and no power except with Allah.'