



ICV UPDATE ON GUIDELINES AND SAFETY PRECAUTIONS - 9 JULY

Activities that will be restricted for 6 weeks

From 11:59pm, 8 July in metropolitan Melbourne or the Shire of Mitchell the following activities will be restricted:

- You can only exercise or undertake sporting activities outside with one other person or household members. You must be able to keep 1.5 metres distance between yourself and others.
- Indoor sports centres including gyms, training facilities and pools will be **closed**.
- Community sport training and competition **cannot occur** within metropolitan Melbourne and Mitchell Shire.
- If you live in metropolitan Melbourne and Mitchell Shire, you cannot attend or participate in community sport elsewhere.
- People aged 18 years and younger are not exempt from this restriction.
- Some outdoor sport facilities will be closed.
- **Personal training outdoors** can occur but with a **limit of two participants**, in addition to the instructor.
- Swimming pools will be **closed**.

Summary of Restrictions

From 11:59pm 8 July 2020, if you live in the Melbourne metropolitan area and the Shire of Mitchell:

1. You **cannot attend religious ceremonies or private worship** – we encourage you to use online services instead.
 - a. All Mosques will be closed
 - b. No Jummah prayers or any other congregation prayers
2. **Places of religion and worship must close** for both religious ceremonies and private worship, but those who are necessary to stream a service can attend for these purposes. This is **limited to up to five people**.
3. **Weddings** held in metropolitan Melbourne and Mitchell Shire will be limited to five people (the couple, two witnesses and the celebrant).

- a. You can travel to a wedding outside of metropolitan Melbourne and Mitchell Shire if you are getting married, a witness or the celebrant.
 - b. However, the limits on the number of people will still apply (**five people including the couple, two witnesses and the celebrant**).
 - c. You cannot travel to a wedding outside metropolitan Melbourne and Mitchell Shire as a guest.
4. **Funerals** held in metropolitan Melbourne and Mitchell Shire will **be limited to 10 mourners plus those required to conduct the funeral**.
 5. You can travel to a funeral outside of metropolitan Melbourne and Mitchell Shire. The restrictions apply based on the location of the funeral.
 6. **A wedding or funeral held in a private residence** in metropolitan Melbourne and Mitchell Shire will be
 7. **Limited to the members of the household, plus the people required to conduct the ceremony**.
 8. You should never attend a wedding or funeral if you are unwell. You should maintain your physical distance at the event.

Places of Worship

From 11:59 pm on 8 July, all places of worship of all denominations in metropolitan Melbourne and Mitchell **Shire are closed for private worship or religious ceremonies**.

Ceremonies and services can still be recorded or broadcast live from the place of worship for viewing online.

- Those who are necessary to conduct the ceremony may be on site to record and live stream services, however this is limited to a maximum of five people.
- You should ensure those people maintain physical distancing by keeping at least 1.5 metres between each other at all times.

Places of worship may be opened for the purposes of conducting **weddings or funerals**, but there are **strict limits on the number of people** who can attend (see above).

- A place of worship that is hosting a wedding, funeral or ceremony must request the first name and contact phone number of the people who have attended, and if provided, keep a record for 28 days for the purposes of contact tracing.

Places of worship can continue to be open for essential public support services such as food banks, help for the homeless or other essential activities.

- Ensure appropriate physical distancing is maintained by keeping at least 1.5 metres between everyone at all times.

Attending a Prayer Group

No. From 11:59 pm on 8 July, all in-person prayer groups in metropolitan Melbourne and Mitchell Shire **must stop meeting in person.**

You can hold a prayer group online or use video conferencing.

Visiting a Cemetery outside of attending a Funeral

From 11:59 pm on 8 July, you can visit a cemetery in metropolitan Melbourne and Mitchell Shire with **one other person, or members of your household.**

You should maintain physical distance of at least 1.5 metres between yourself and others.

Penalties for Non-Compliance

Victoria Police can issue on the spot fines of up to \$1,652 for individuals and up to \$9,913 for businesses for:

- refusing or failing to comply with the emergency directions
- refusing or failing to comply with a public health risk power direction
- refusing or failing to comply with a direction by the Deputy Chief Health Officer to provide information.

Fines of up to \$20,000 for individuals and \$100,000 for businesses are possible through the court system.

For further information or clarification please contact the ICV President Mohamed Mohideen: Mohamed.mohideen@icv.org.au

ADDITIONAL INFORMATION: ENCOURAGE PEOPLE TO WEAR MASKS

On advice from Prof Brett Sutton, Victorian Chief Medical Officer:

It is recommended that masks be worn by **people at all times when they go out or are unable to social distance in a gathering.**

The reason they are not making it mandatory is that there might be people who can't afford it or get access to them.

How to wear the Mask:

- Clean your hands with soap and water or a hand sanitizer.
- Work out which side of the mask is the top. It's the side that has the bendable metal strip.
- The colored side of the mask is usually the front and should face away from you, while the white side touches your face.
- Make sure the metal piece of the mask is clamped over your nose.
- Pull down the lower part over your chin.
- Do not touch the mask often.
- Do not keep touching the mask continuously or keep it down on your chin when talking.
- Do not let the mask get too moist.
- It's advisable to change the mask every 4 hours if possible.

NOTE: People with chronic respiratory conditions should seek medical advice before using a mask.